

## Getting Along

<b>Grade Level</b>	Sixth
<b>Minimum Time Required</b>	45 Minutes
<b>Materials/Resources</b>	"Group Relationship Skills" Handout
<b>Subject Area(s)</b>	Guidance

### Project Description:

1. In this lesson students will consider various aspects of their relationships with others. It is helpful to encourage introspection at a young age when acceptance by friends becomes of paramount importance.
2. Ask students to read through the list of activities on the "Group Relationship Skills" sheet and decide which ones they are doing all right in, which ones they should do more often and which ones they do less often. Mark each item in the appropriate place. Some goals that are not listed may be more important than those listed. Students may write such goals on the blank lines.
3. Ask students to go back over the entire list and circle the numbers of the three or four activities they would like to improve at this time.
4. Encourage students to complete the handout. Walk around and give individual attention.
5. Discuss responses to items on the handout and help determine how to accomplish the desired changes in behavior.

<b>Career Development Standard</b>	Skills to interact positively with others.
<b>Career Development Indicator</b>	Demonstrate effective group membership skills.
<b>Delivery Level</b>	Introductory
<b>Academic Standards</b>	
<b>Language Arts</b>	3.1.b Determine methods of assessing the validity and accuracy of various types of oral and visual information.
<b>Employability/SCANS Skills</b>	Basic Skills, Thinking Skills, Interpersonal Skills.
<b>Assessment/Rubric</b>	Students will be evaluated on class participation.

**Submitted by:** SD Comprehensive Guidance and Counseling Program Model

## Group Relationship Skills

<b>Communication Skills</b>	<b>Doing all right</b>	<b>Need to do it more</b>	<b>Need to do it less</b>
1. Amount of talking			
2. Being brief and concise			
3. Being forceful			
4. Drawing other out			
5. Listening attentively			
6. Thinking before I talk			
7. Keeping my remarks on the topic			
<b>Observation Skills</b>	<b>Doing all right</b>	<b>Need to do it more</b>	<b>Need to do it less</b>
1. Noticing tensions in group			
2. Noticing who talks to whom			
3. Noticing interest level of group			
4. Noticing who is being "left out"			
5. Sensing feelings of individuals			
6. Noticing reaction to my comments			
7. Noticing when a group avoids a topic			
<b>Problem-Solving Skills</b>	<b>Doing all right</b>	<b>Need to do it more</b>	<b>Need to do it less</b>
1. Showing interest			
2. Working to keep people from being ignored			
3. Harmonizing, helping people reach agreement			
4. Reducing tension			
5. Upholding rights of individuals in group pressure situations			

6. Expressing praise or appreciation			
<b>Morale-Building Skills</b>	<b>Doing all right</b>	<b>Need to do it more</b>	<b>Need to do it less</b>
1. Showing interest			
2. Working to keep people from being ignored			
3. Harmonizing, helping people reach agreement			
4. Reducing tension			
5. Upholding rights of individuals in group pressure situations			
6. Expressing praise or appreciation			
<b>SKILLS NOT LISTED</b>			
<b>Communication Skills</b>	<b>Doing all right</b>	<b>Need to do it more</b>	<b>Need to do it less</b>
1.			
2.			
<b>Observation skills</b>			
1.			
2.			
<b>Problem-Solving Skills</b>			
1.			
2.			
<b>Emotional Expressiveness</b>			
1.			
2.			